# Empowerment - Live without Limits!
## Annual Event Schedule - Thursday, December 7th 2023

| Time | Track A (Acoma A) Wellness | Track B (Lobo A/B) Technical | Track C (Acoma B) Career Planning |
|---|---|---|---|
| 8:00 - 8:20 | Breakfast and Check-In (Lobo A/B) | | |
| 8:20 - 8:30 | Welcome Remarks: Alesia Torres, Director, Applications, WIT Committee Co-Chair. Introduction of the Keynote Speaker: Grace Faustino Manager, IT Services, WIT Committee Co-Chair (Lobo A/B) | | |
| 8:30 - 9:20 | Keynote: Melanie E. Moses, Professor of Computer Science and Biology (Lobo A/B) | | |
| 9:30 - 10:20 | Bah Humbug! Work Life Balance Through the Holidays and Beyond | Azure Data Factory for Beginners | Women in Technology Stats, Opportunities and Forecasts |
| 10:30 - 11:20 | Charting Your Course: A Financial Guide for Women | UNM NanoFab: An Insight Into Our Research and Capabilities | Multipliers: How the Best Leaders Ignite Everyone's Intelligence |
| 11:30 - 12:30 | Lunch (Lobo A/B) \| Vendor Area Open | | |
| 12:40 - 1:30 | Micro-Managing Stress | Getting Started with Data Visualization | Empowerment through Project Management: Unpacking Essentials and Beyond |
| 1:40 - 2:30 | Building Healthy Lifestyle Habits with a Desk Job and a Bunch of Teams Meetings | Implementing DMARC (Without Getting Fired) | Stop the Declining Number of Women in IT Leadership: Lessons from the Careers of Women CIOs |
| 2:30 | Refreshments (Lobo A/B) | | |
| 2:40 - 3:30 | Parties and Presents and Family Gatherings, Oh My (Money)! | Using Data and Technology to Address Social Issues | Thriving Together: Stories and Reflections to Share as Women in Information Technology. |
| 3:40 - 4:00 | Closing (Lobo A/B) | | |